



Liability Release Form

Mentee's First Name:

City:

State:

Address:

Birth date (mm/dd/yyyy):

Email:

Phone:

Gender:

Today's Date: _____

I understand and agree that exercising may be a hazardous activity and that injury from various causes are inherent risks of participating in any sport, and that injury to any or all parts of my body can and may occur during a workout session. I freely accept and **ASSUME ALL RISK OF INJURY OR DEATH** caused by the inherent hazards and risks exercising.

I hereby agree to the fullest extent permitted by law, as follows:

- 1) **TO WAIVE ALL CLAIMS** that I have or may have against Witness Fitness, its Founder and all its mentors at any time before, during, and after each session
- 2) **TO ASSUME ALL HAZARDS/RISKS INHERENT in exercising**
- 3) **TO RELEASE** Witness Fitness from all liability for any loss, damage, injury, or expense I (or my next of kin) may suffer, caused as a result of the exercise session(s);
- 4) **I FURTHER AGREE TO INDEMNIFY** and hold harmless Witness Fitness for any loss or damage including any that results from claims or lawsuits for personal injury, death, or property loss and damage arising from any of its exercise session(s)

Choice of Law

This agreement is governed by the laws of Hong Kong SAR, without regard to the conflicts of law provisions therein.

THIS DOCUMENT IS A LEGALLY BINDING CONTRACT which supersedes any other agreements or representations by or between the parties. It shall be interpreted to provide as broad and inclusive a release of liability as is legally permissible under the law, but is not intended to assert any claims or defenses which are prohibited by law. If any part of this agreement is deemed void or unenforceable, the remainder shall be given full force and effect. The specific rights of the parties under this contract may vary from state to state, or Country to Country.

I have read, and understand, and agree to the terms of this Warning, Liability Release and Arbitration Agreement.

Participant's Signature: _____ **Date:** _____

Parent/Guardian*: _____ **Date:** _____

*(parent or guardian signature must accompany minor signature)